

TO THE GROWN-UP

We know that God has created every individual with a very unique purpose. Our mission is to provide you with tools to lead your child through discovering their God-given purpose. Whether you are the parent, guardian, mentor, or pastor, God has intentionally trusted you to help steward the call that He has placed on the child's life.

Don't worry, you don't have to have it all together. God has a long track record of taking ordinary people like you and me and doing extraordinary things if we are open to what He has in store.

Thank you for trusting us and using this resource. Whether your child goes through this book on their own or in community, we recommend that you have frequent conversations with them about their discoveries. We hope it becomes a defining season for your child to walk away knowing the ultimate Creator made them with a very special plan. They are here on purpose and with a purpose.

> JOHN ZICK Director of Called

HOW TO USE THIS BOOK

There are seven sections. You can go through each section on your own, with a group, or with a grownup. Tackle one page at a time, or a whole section at once. It's up to you!

You'll start a section by learning a big idea about who God is. By the end of the section, you'll learn how the big idea about who God is applies to your life.

There's a special icon at the top of each page. These icons show the kind of activity you'll be doing.



Listen to God as He speaks through the Bible

Devotion or Story Learn from real life situations

Live It Out! Application Think about how God's truth applies to your life

Prayer Response

Throughout the book, you'll read the story of David leading up to him defeating Goliath with God's help. Each section focuses on a different part of this story.

TO THE KID

Hey Friend,

We are so excited you're joining us on this journey! God has created you for a purpose. Life with God is an adventure, and this is just the beginning!

Through this book, you will learn how God helped David, a guy in the Bible, discover his purpose. We want you to know that God has a plan for you too! When you follow Him, He will show you His plans in His timing.

YOU WERE MADE FOR THIS. YOU'VE BEEN CALLED BY GOD!

JOHN HAILES Managing Editor





SECTION 1

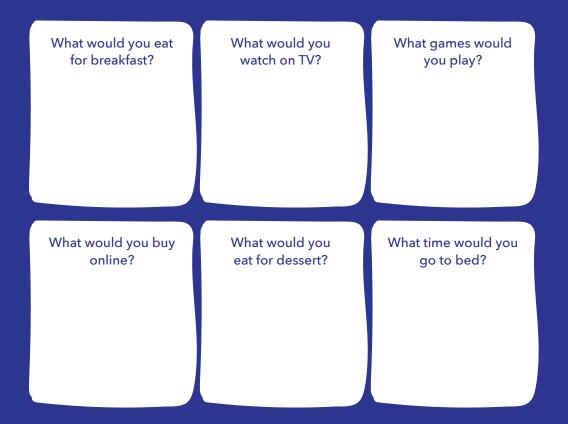


WHO'S IN CHARGE?



Everyone likes to be in control sometimes. If you could make all the decisions in your family, you'd probably choose things that you like best.

Draw or write your answers to the questions below.



As we get older, we're allowed to make more decisions. It can be fun to make decisions, but sometimes our choices aren't the best for us.



PROVERBS 19:21

prevail

God will always win. No matter how much people fight against Him, in the end, His plan will happen.

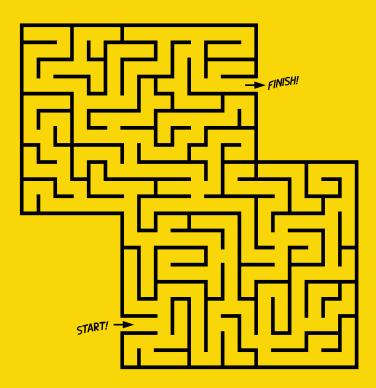
LISTEN: Write down what God is speaking to you through this verse.

GOD'S A-MAZE-ING PLAN!



When we make choices, we don't always know what will happen next. Sometimes it's hard to know the best choice, but God knows everything. That's why we ask for His help.

Draw the best path to get through the maze:



This maze has one way in and one way out. You have to make lots of little decisions to get through the maze. The wrong decisions lead to dead ends and wasted time, but the right decisions lead to the way out. Sometimes we fight against God and make our own plans. But in the end God's plan will always happen. We save time and energy when we trust God from the beginning.



Highlight or underline the words that stick out to you.

1 Samuel 16:1-5

¹Now the LORD said to Samuel, "You have mourned long enough for Saul. I have rejected him as king of Israel, so fill your flask with olive oil and go to Bethlehem. Find a man named Jesse who lives there, for I have selected one of his sons to be my king."

² But Samuel asked, "How can I do that? If Saul hears about it, he will kill me."

"Take a heifer with you," the LORD replied, "and say that you have come to make a sacrifice to the LORD. ³ Invite Jesse to the sacrifice, and I will show you which of his sons to anoint for me."

⁴So Samuel did as the LORD instructed. When he arrived at Bethlehem, the elders of the town came trembling to meet him. "What's wrong?" they asked. "Do you come in peace?"

⁵ "Yes," Samuel replied. "I have come to sacrifice to the Lord. Purify yourselves and come with me to the sacrifice." Then Samuel performed the purification rite for Jesse and his sons and invited them to the sacrifice, too.

LET'S LEARN MORE!



Saul was the first king of Israel. The prophet Samuel had anointed him and supported him during his reign. But Saul disobeyed God, and God decided there must be a new king.

Samuel cared about Saul. He had been with Saul when he first became king, and Samuel was upset that God had decided there must be a new king.

Maybe Samuel felt like King Saul deserved another chance, but he didn't let his feelings stop him from following God's instructions.

Anointing a new king was also dangerous, but Samuel chose to trust and obey God by going to Jesse's house. Samuel didn't know which of Jesse's sons would be the new king, but he chose to trust that God was in control.

How do you think you would have responded to God if you were in Samuel's place?

LIVE IT OUT!

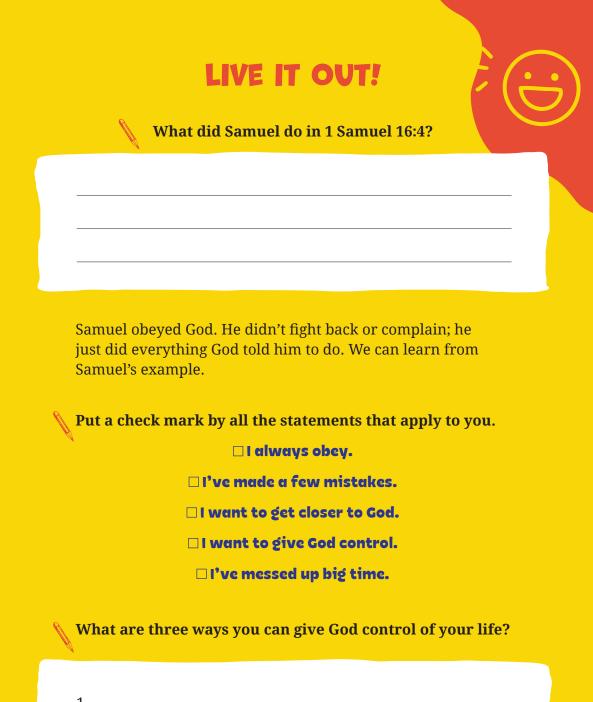
God created us with so many emotions! Our emotions are good, and it's healthy to share them with others. But it's also important to remember that we control our emotions; they don't control us.

In the Bible story from 1 Samuel 16, the prophet Samuel was upset. it wasn't wrong for Samuel to be sad, but after a while God told Samuel he'd been sad for long enough. God wasn't mad at Samuel, but He wanted him to control his emotions and trust God's plan.

Think about the emotions you have felt this week. Circle numbers below based on how strong each emotion is. For example, if you are feeling very happy, you might circle a 9 or 10 next to "Happy." If you are feeling just a little sad, you might circle a 1 or 2 next to "Sad."

Нарру:	1 2 3 4 5 6 7 8 9 10	Angry:	1 2 3 4 5 6 7 8 9 10
Worried:	1 2 3 4 5 6 7 8 9 10	Frustrated:	1 2 3 4 5 6 7 8 9 10
Excited:	1 2 3 4 5 6 7 8 9 10	Bored:	1 2 3 4 5 6 7 8 9 10
Afraid:	1 2 3 4 5 6 7 8 9 10	Jealous:	1 2 3 4 5 6 7 8 9 10
Sad:	1 2 3 4 5 6 7 8 9 10	Shy:	1 2 3 4 5 6 7 8 9 10
Nervous:	1 2 3 4 5 6 7 8 9 10		

Can you think of any other emotions? Write them below.



1.	_
2.	
2	
5.	_



John grew up in England. He was eight years old when his dad visited the United States to attend some special church services. His dad was amazed by what he saw and heard and he wanted to bring his whole family to the United States one day. When he came home, he gave John a \$1 bill. He said that every time John looked at it, he should ask God to provide a way for his family to go to the United States. John didn't care that much about visiting the United States, but it sounded like it would be a fun adventure.

Several years passed, but they could never afford the trip as a family. John lost the \$1 bill many times, but whenever he found it again, he would remember what it meant and ask God to answer his prayer. Twelve years passed before John finally got his chance to visit the United States.

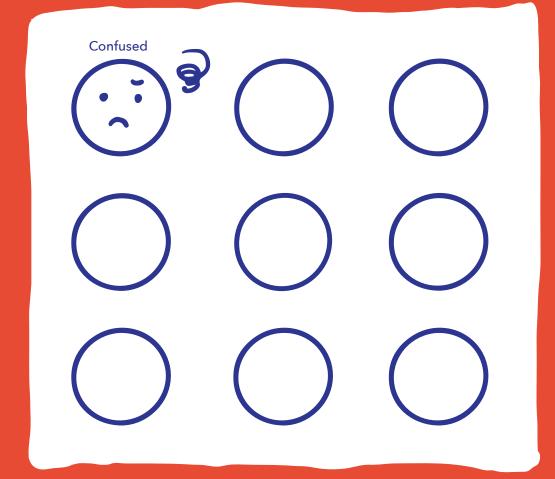
John has now have lived in the United States for ten years. Looking back on his story, it's easy to see how God was in control the whole time. His dad's dream and that \$1 bill were part of God's plan for John's life. Whenever life in the United States is difficult, John can remember that God is in control. He can look back and see how God has led him to this point.

Think about all the ways God is working in your life now to make His plans happen!

LIVE IT OUT!

It's not always easy to trust that God is in control of your life. In this story, everything worked out well. But John felt lots of different emotions along the way. Even when we trust and obey God, we can be nervous, excited, scared, or confused sometimes.

Draw faces that show how you would have felt at different parts of the story if you were John. Write a word that describes the emotion on each face.







Trace the lines below to reveal the secret message.



LET'S LEARN MORE!

If you have brothers and sisters, you probably know what it's like to fight for control of the TV remote. It's fun to have the power to decide what other people will watch, but it's frustrating when someone else gets to choose. What happens when an adult walks in the room? They are in charge, so they automatically get the remote. The one with the most authority or control gets to make decisions for everyone else.

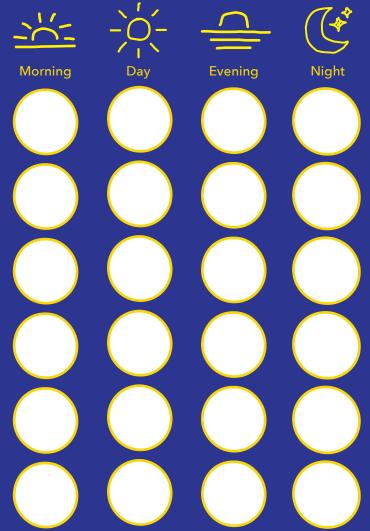
It's fun to be in control—to do whatever we want, eat whatever we want, or watch whatever we want. Many people live their whole life fighting to stay in control and do whatever they want. But eventually everyone realizes they can't control everything. As Christians, we know God is in charge, and we choose to do what He says. We might like making our own decisions based on what we feel, but instead we surrender to God. We give Him control of our life, because we trust that God knows what's best!





CHALLENGE ACCEPTED!

Learning to trust God doesn't happen overnight. Even adults sometimes struggle to trust God. One way to find out how well we're trusting God is to check our emotions. If we feel sad and worried a lot, maybe we aren't trusting God enough. If we feel peaceful or excited about the future, maybe that means we realize God is in control. **Over the next six days, keep track of how you're feeling.** What does this say about how much you trust God?



PRAY AND LISTEN

Our emotions are an important part of who we are! We're created to be like God. Did you know God has emotions too? There are times in the Bible when He was happy, sad, and angry. There's even a story about Jesus crying. It's good to show our emotions in healthy ways. We should never be afraid or ashamed to share our emotions.

Most of all, God wants us to share our emotions with Him! When we pray, we can tell Him how we're feeling. God wants us to tell Him when we're happy or excited and when we're sad or afraid. God can help us deal with our emotions, especially if they're keeping us from following Him.

Take a moment to write a letter to God about how you're feeling. Tell Him some of the reasons you may be struggling to give Him control.

Dear God,	 	 	

P.S. When you're finished, share your feelings with a Christian grown-up whom you can trust.

DOIN THE ADVENTURE GOD HAS FOR YOU!South the adventure of the second seco

- 4. God can use my interests.
- 5. God helps me deal with difficult situations.
- 6. God created me to be different.
- 7. God wants me to get started today.

THESE INTERACTIVE ELEMENTS



Prayer

CALLED

Response







