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3 Ways to Make Your Lessons Stick

Adapted from *Sticky Lessons/Learning That Lasts*

Have you faced that awkward moment every teacher dreads? You ask the question, “Do you remember what we talked about last time?” and silence hangs in the air while students avert their eyes or fiddle with their fingertips.

Sticky Lessons can transform your classroom into a setting where students are quick and eager to answer that question. With these three simple tips, you’ll be the teacher whose lesson is processed again and again in quiet moments and talked about over kitchen tables.

#1 Let Students Talk

Did you know that 93 percent of talk in the educational and church settings is teacher talk?¹ That means that 7 percent is left for “student talk”! Many of your students retain knowledge best by talking, asking questions, and interacting with others rather than just listening in a lecture-type setting. Some research says we remember 70 percent of what we say versus 20 percent of what we hear.² If teachers are doing most of the talking, then students are doing all of the forgetting! Be intentional to do less talking and allow for more student-to-student talking. As they share, listen to them and affirm what they say.

Action Steps

- Put your curriculum to the test! Read through a lesson and highlight any words that signal conversations are happening (for example, tell someone, talk about, discuss with a partner, work in groups, etc.) Determine how much

of your lesson is spent in relational activities. If your curriculum is in need of relational learning, add some!

- Build in talk time. Have students pair up to answer a specific question or share their thoughts on a topic. It’s helpful to give students a specific amount of time, e.g., “I’m going to give you sixty seconds to talk to your neighbor about how you picture God.”
- Draw names. Put students’ names on craft sticks or cards and choose one or more to share with the group. This helps involve people who often stay quiet.

#2 Use Pictures

Your students are coming from different life perspectives, but you can create a shared context for them in your lesson. It doesn’t have to be immersive or overwhelming. You can accomplish an effective experience through simple visuals, objects, and active learning experiences.

Did you know that half of the brain is dedicated to visual function?³ Humans are biologically wired to process the world visually. Our brains process an image much faster than text. About 65 percent of the world’s population are

1. John Hattie, *Visible Learning for Teachers: Maximizing Impact on Learning* (New York: Routledge, 2012).
2. Edgar Dale, *Audiovisual Methods in Teaching* 3rd ed. (New York: Dryden Press, 1969).

visual learners.⁴ Previous generations focused on words as a means to learn. This generation focuses on images.⁵ Technology and media are rewiring the brains of younger generations and how they learn and communicate. It has been said that this generation hears with their eyes.

Action Steps

- Display realistic pictures or art that represent portions of the Bible lesson. Some people are more likely to believe the Bible is real when the pictures are realistic. Keep in mind that not all graphics are created equally. The difference between a poor graphic and a great graphic is that a great graphic doesn't have to be explained. It speaks for itself.
- When teaching Scripture memorization, replace some words with pictures. For example, consider the verse, "God is our refuge and strength." Replace the word "strength" with an image of a muscular arm.
- Use visual presentations like PowerPoint® slides to give students something to watch as they listen. Add photos and videos to your presentations as possible.

#3 Teach One Objective Well

Imagine you're traveling down a road, trying to find your way and you see this. What does your eye immediately settle on? Do you get the information you need? Probably not. Too much information is being thrown at you for your eyes to sift through it efficiently. Your brain is searching for the most important sign or something that stands out, but you can't find it!

Compare this to teaching too many objectives or too much information in one lesson. The learner doesn't know what is important. When we give too many details, students walk away with very little learned. When teaching, keep it simple. Teach one strong objective.



Action Steps

- Find the core of the lesson. Most curriculum versions have lesson objectives, but too many objectives become a problem. If there are multiple objectives, find the core of the lesson and grab hold of it.
- Weed out details that cloud your main point. As you read through the lesson, decide if it has too much information and eliminate the extra material.
- Consider teaching fewer truths over the course of your quarter or semester. Decide what your students must know and repeat those truths over and over.

Remember that you have one hour out of 168 per week, a very limited quantity. Prayerfully choose the truths that are the most important for your students' hearts and emphasize those truths again and again.

This article is adapted from *Sticky Lessons/Learning That Lasts*.

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3. Susan Hagen, "The Mind's Eye," Rochester Review 74, no. 4 (March-April 2012); 35. https://www.rochester.edu/pr/Review/V74N4/pdf/0402_brainscience.pdf (Accessed August 8, 2019).

4. Molly St. Louis, "How to Spot Visual, Auditory, and Kinesthetic-learning Executives." Inc, August 1, 2017, <https://www.inc.com/molly-reynolds/how-to-spot-visual-auditory-andkinesthetic-learni.html> (Accessed August 8, 2019).

5. Gary Small, "Never Forget a Name Again," Psychology Today, June 30, 2009 <https://www.psychologytoday.com/us/blog/brain-bootcamp/200906/never-forget-name-again> (Accessed August 8, 2019) and Yana Weinstein, "How Long Is Short-Term Memory? Shorter Than You Might Think," The Learning Scientists, April 13, 2017, <https://www.learningscientists.org/blog/2017/4/13-1> (Accessed August 8, 2019).

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The Holy Spirit Is the Teacher

By John Hailes

Teaching kids is hard! It can take a lot of time to deconstruct the complex themes of the Bible and simplify them to a child's understanding. Often, after a long week of prep, Sunday can come and go and leave nothing but disappointment. It can often feel like the kids I'm teaching just don't get that simple life lesson I'm trying to pass on.

Teaching kids can be really hard! That is exactly why I was relieved when God showed me that the Holy Spirit is the Teacher! No matter how great our illustrations or object lessons, I've learned that the most we can do is to convince a child's mind of something.

However, the Holy Spirit is a much more convincing Teacher. He can take head knowledge and use it to transform a child's heart and life. When He speaks, He is hard to resist!

We position the Holy Spirit as the Teacher for two primary reasons. First, He is a much more qualified and capable teacher. Secondly, He can be present with kids wherever they go. When the kids in my ministry look only to me for direction and leading, they are going to struggle, because I can't always be with them to help them. However, the Holy Spirit is their one-on-one, personal, available-anytime teacher!

The Holy Spirit will be the best teacher your kids could ever have, but only if you position Him as their Teacher.

Here are some tips on positioning the Holy Spirit as the Teacher in your kids ministry:

Teach kids to know how to hear God's voice.

It's hard for the Holy Spirit to teach kids when they aren't taught to listen for His voice. We must explain to kids that He speaks with a still small voice, and that often He speaks to our heart more than to our ears. We must teach them that we can hear Him through Scripture. I usually instruct kids to find a quiet place, to clear their mind, focus their thoughts on Jesus, and wait until they feel God speaking to their heart. It takes kids time and practice. It's good for kids to make it a regular practice to journal (write or draw) what they feel God is speaking to them.

Keep God central in your preaching and instructing.

If the Holy Spirit is the Teacher, do we stop sharing God's Word with kids? Definitely not! We just need to be mindful of the way in which we share our lessons with children. When we share the stories of the Bible with our children, we often focus on the people of the Bible. We focus on the heroes of the faith like Noah, Abraham, David, and others. However, a better way is to focus on how God is

the hero of the Bible. We should teach kids that God is the center of every story and every story reveals something about God's interaction with His people. When we teach these deeper truths about God, we leave space for the Holy Spirit to help kids apply these truths to their life. When the Holy Spirit reveals that application to them, it will be hard for anyone to convince them of something else.

Create space for kids to respond every week.

If we truly believe that the Holy Spirit is the Teacher, then we must take time every week in our services to get out of the way and let Him teach! If we only give Him time every quarter, then we are not showing our kids that He is the Teacher. We need to show kids that every time they hear God's Word, they should respond by taking time to ask the Holy Spirit to teach them how it applies to their life. This can be done best through creative, interactive prayer stations that help give kids the right questions to ask God.

We will always have a responsibility to communicate God's truth to the next generation! I hope you feel that responsibility, because God has chosen to use us to pass on His truth to others.

However, there is only one Teacher and we should not keep getting in His way!



PREPARING TO MINISTER TO KIDS WITH SPECIAL NEEDS

By Mark Entzminger

There is a significant ministry opportunity that is going largely unmet in many of our children's ministries: an intentional strategy to reach kids with special needs. It may sound a little daunting to you. You may be saying, "Mark, I'm barely getting by as it is!" I hear you, but I want you to know that there are small and simple ways you can develop a strategy for reaching special needs kids.

1 Learn: Having a special needs ministry is more than an extra staff person in a private room.

Before announcing and recruiting the first workers, take some time to read and learn as much as possible. I recommend starting with Amy Fenton Lee's book *Leading a Special Needs Ministry*. This practical handbook is full of ideas about how to train and equip volunteers and develop programming and policies. It also gives resources about how to minister to parents who have recently learned about their child's diagnosis. Additionally, every leader in your church can go through the *Momentum Training Series: Including Children with Disabilities*. In this workbook, you will discover solid teaching on special needs, dynamics of mentoring, and learning styles.

2 Pray: Ask God to identify the individual(s) who will love and care for each one of the children He will send your way.

Don't fall for the trap of requiring parents of these children to serve, even once a month, in this ministry. Churches that fully understand the role of a special needs ministry realize it's a ministry for the parents as much as it is the child.

Having a person on the team who is dedicated to leading the special needs ministry ensures these kids will have

someone who is tuned-in to them and considers their needs when the Kidmin team is planning for the future and special events. Equip this team member with resources and support so they can lead this ministry well.

3 Engage: Leaders who fail to initiate contact with parents of special needs children are

beginning the journey at a disadvantage. Parents are usually more than willing to share the best ways to soothe their child, how to recognize signs of sensory overload, and at what point they would like to be notified to come in to help the child.

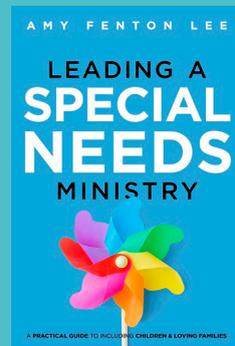
This may seem like an uncomfortable task. But rather than trying to figure it out each week, many parents would rather have caregivers ask, "Are there any insights you can provide to help me care for your child in the best way possible?"

Launching a strategy to minister to kids with special needs begins with learning more about the needs of the kids within your ministry, praying for and finding people who are passionate about reaching these kids, and engaging their parents to help you minister to them effectively.

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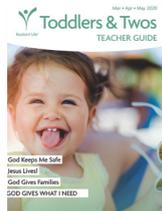
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- Jesús es mi Amigo
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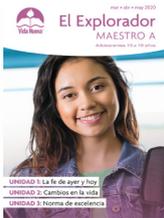
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02LS1531	Adult Teacher V.7 Set FA '19-SU '20			29.49	
03LS1419	Evangelical Commentary FA '19-SU '20			15.99	
03LS7984	Evangelical Commentary, Large Print FA '19-SU '20			19.99	
03LS7971	Evangelical Commentary Spanish FA '19-SU '20			17.99	

NOTE: The Adult Resource Packet is available as a digital download. To order, visit MyHealthyChurch.com/RadiantLife.

Item Number	Description	Quantity	Unit Price	Total Price
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Children's Ministry

MEGA Sports Camp® For more information, visit www.MEGASportsCamp.com

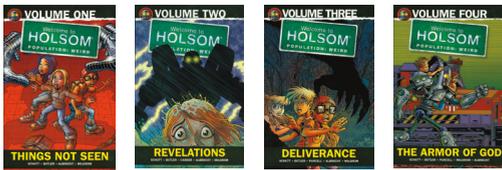
33LS0675	NEW MEGA Sports Camp® HEART of a Champion Core Kit		189.99 149.99	
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Fire Bible for Kids

02LS7760	FireBible for Kids 21 Devotions for Boys 10-49 for 1.99 ea.; 50-99 for 1.50 ea.; 100 or more 1.25 ea.		2.99	
02LS7761	FireBible for Kids 21 Devotions for Girls 10-49 for 1.99 ea.; 50-99 for 1.50 ea.; 100 or more 1.25 ea.		2.99	
02LS7024	FireBible for Kids Devotional		9.99	
01LS0847	FireBible for Kids NIV, Hardcover 10 or more, 27.99 ea.		32.99	
01LS0848	FireBible for Kids NIV, Paperback 10 or more, 18.99 ea.		22.99	

Welcome to Holsom® Comics and Graphic Novels

02LS0149	Welcome to Holsom Complete Set		25.00	
02LS0141	Welcome to Holsom Pack 1 (#1-3)		3.99	
02LS0142	Welcome to Holsom Pack 2 (#4-6)		3.99	
02LS0143	Welcome to Holsom Pack 3 (#7-9)		3.99	
02LS0144	Welcome to Holsom Pack 4 (#10-12)		3.99	
02LS0145	Welcome to Holsom Pack 5 (#13-15)		3.99	
02LS0146	Welcome to Holsom Pack 6 (#16-18)		3.99	
02LS0147	Welcome to Holsom Pack 7 (#19-21)		3.99	
02LS0148	Welcome to Holsom Pack 8 (#22-24)		3.99	



Visit MyHealthyChurch.com/Holsom for the complete list.

Record Forms and Supplies

Record Forms and Supplies (Loose-Leaf System)

07LS5322	Class Record (6-ply) 50 for 16.95 ea.; 100 for 28.95 ea.		25 for 9.95	
07LS5342	Class Folder		2.99	
07LS5325	Visitor Record (without carbons) 100 for 9.50 ea.		25 for 2.75	
07LS5323	Summary Sheets (without carbons)		100 for 6.95	

Other Record Systems and Supplies

07LS5316	Loose-Leaf Record Sample Packet		1.95	
07LS5318	Secretary's Record Book		3.49	
07LS5303	Class Record Book		1.99	
07LS5412	Registro general de la Escuela Dominical SPAN		3.49	
07LS5411	Escuela Dominical Registro de clase SPAN		2.29	
07LS5308	Envelope for Class Book and Offering (Pack of 10)		2.99	
07LS5312	Enrollment Card		50 for 3.95	
07LS5314	Individual Record Slip (100 per pad)		.85 pad	
08LS5835	My Offering Envelope 2½ x 4¼" 500 for 12.95 ea.; 1,000 for 22.50 ea.		100 for 2.95	
08LS5830	My Offering Envelope 3 x 5¼" 500 for 16.95 ea.; 1,000 for 29.90 ea.		100 for 3.99	
07LS5390	Visitor's Welcome Card		50 for 5.99	



Item Number	Description	Quantity	Unit Price	Total Price
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Featured New and Recent Releases

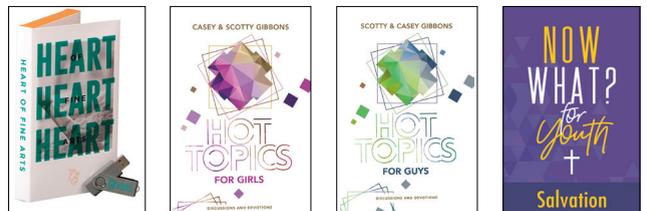
03LS1225	Leading a Special Needs Ministry		16.99	
02LS7042	Leveling the Praying Field		12.99	
02LS7045	Leveling the Praying Field, Spanish SPAN		12.99	
02LS7060	Balanced Budget, Balanced Life		14.99	
02LS7061	Balanced Budget, Balanced Life, Spanish SPAN		14.99	
02LS4116	Sticky Lessons/Learning That Lasts 10 or more, 7.99 ea.		9.99	
02LS4117	Sticky Lessons/Learning That Lasts, Spanish SPAN 10 or more, 7.99 ea.		9.99	
02LS4115	Including Children with Disabilities 10 or more, 7.99 ea.		9.99	
02LS4114	Including Children with Disabilities, Spanish SPAN 10 or more, 7.99 ea.		9.99	
02LS0567	Now What? for Kids: Salvation 10 or more, 0.99 ea.		1.29	
02LS0571	Now What? for Kids: Salvation, Spanish SPAN 10 or more, 0.99 ea.		1.29	
02LS0568	Now What? for Kids: Baptism in the Holy Spirit 10 or more, 0.99 ea.		1.29	
02LS0572	Now What? for Kids: Baptism in the Holy Spirit, Spanish SPAN 10 or more, 0.99 ea.		1.29	
02LS0569	Now What? for Kids: Called by God 10 or more, 0.99 ea.		1.29	



Visit MyHealthyChurch.com/NewReleases to find out more about these and other new resources!

Youth Ministry

26LS0442	Heart of Fine Arts Small Group Flash Drive		29.99	
02LS4235	Hot Topics for Girls 5 or more, 3.99 ea.		4.99	
02LS2165	Hot Topics for Guys 5 or more, 3.99 ea.		4.99	
02LS0587	Now What? for Youth: Salvation 10 or more, 0.99 ea.		1.29	
02LS0578	Now What? for Youth: Salvation, Spanish SPAN 10 or more, 0.99 ea.		1.29	
02LS0588	Now What? for Youth: Baptism in the Holy Spirit 10 or more, 0.99 ea.		1.29	
02LS0579	Now What? for Youth: Baptism in the Holy Spirit, Spanish SPAN 10 or more, 0.99 ea.		1.29	



Visit MyHealthyChurch.com/Youth for more youth ministry resources.

**SHIPPING
INFO**

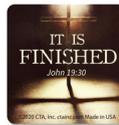
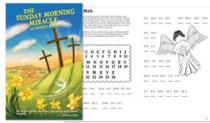
To ensure timely delivery, place your order early and allow 8-14 business days. For normal shipping, provide address where postal mail is delivered. Rush orders MUST have street address. May generate additional charges.

Item Number	Description	Quantity	Unit Price	Total Price
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Seasonal

Easter

38LS2448	NEW The Sunday Morning Miracle Activity Book (Ages 3-6) 12 or more, 0.59 ea.		0.69	
38LS2612	NEW The Sunday Morning Miracle Activity Book (Ages 7-11) 12 or more, 0.59 ea.		0.69	
38LS0994	Jumbo Gospel Easter Egg with Foam Activity Kit and Mini Book* 12 or more, 1.69 ea.		1.99	
38LS2613	NEW It Is Finished Magnet 12 or more, 0.69 ea.		0.79	
08LS0315	Palm Sunday Hosanna Bulletin		50 for 4.99	
08LS0316	Easter Risen Saviour Bulletin		50 for 4.99	
08LS0318	Easter Lilies, I've Seen Bulletin		50 for 4.99	



Is your church ready for Easter on April 12, 2020?
Visit MyHealthyChurch.com/Easter for more resources.

Volunteer Appreciation

38LS0108	NEW One Purpose Phone Ring Holder and Card 12 or more, 2.79 ea.		3.19	
38LS0113	NEW With Heartfelt Thanks Tote Bag 12 or more, 3.99 ea.		4.79	
38LS0103	Thank You for Shining His Light Bookmark and Pen Gift Set 12 or more, 2.09 ea.		2.39	



Show how much you love your teachers and volunteers this spring!
Visit MyHealthyChurch.com/VolunteerAppreciation for more gift ideas.

Graduation

02LS3152	The Word and the Spirit 12 or more, 9.99 ea.		12.99	
02LS0160	The Word and the Spirit, Spanish SPAN 12 or more, 9.99 ea.		12.99	
01LS1192	FireBible Student Edition ESV, Paperback		19.99	
01LS1191	FireBible Student Edition ESV, Brick Red/Plum		34.99	
01LS1190	FireBible Student Edition ESV, Brown/Chestnut		34.99	



Visit MyHealthyChurch.com/Graduation for gifts to celebrate your graduates.

* While Supplies Last

Item Number	Description	Quantity	Unit Price	Total Price
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Mother's Day

38LS2614	NEW Be Strong and Courageous Prayer Journal and Stickers 12 or more, 2.09 ea.		2.39	
38LS2615	NEW Masterpiece Journaling Art Cards (Set of 12) 12 or more, 2.79 ea.		3.19	
08LS0313	Mother's Day Your Mother Bulletin		50 for 4.99	
08LS0314	Mother's Day Mother & Child Bulletin		50 for 4.99	

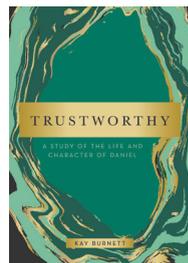


Celebrate Mother's Day in your church, May 10, 2020!
Visit MyHealthyChurch.com/MothersDay for these gifts and more.

NEW Women's Resources

02LS4120	Trustworthy 10 or more, 12.99 ea.		14.99	
02LS4121	Trustworthy, Spanish SPAN 10 or more, 12.99 ea.		14.99	
02LS4118	Trustworthy Devotional 10 or more, 1.99 ea.		2.49	
02LS4119	Trustworthy Devotional, Spanish SPAN 10 or more, 1.99 ea.		2.49	
08LS2717	Entrusted Gift Kit 10 or more, 12.99 ea.		14.99	
08LS2718	Entrusted Gift Kit, Spanish SPAN 10 or more, 12.99 ea.		14.99	
17LS8304	Entrusted Mug+ 12 or more, 6.99 ea.		7.99	
17LS8305	Entrusted Mug, Spanish SPAN + 12 or more, 6.99 ea.		7.99	
17LS8302	Entrusted Coaster+ 10 or more, 4.49 ea.		4.79	
17LS8303	Entrusted Coaster, Spanish SPAN + 10 or more, 4.49 ea.		4.79	
17LS8300	Entrusted Tassel Keychain+ 10 or more, 5.99 ea.		6.99	
17LS8301	Entrusted Tassel Keychain, Spanish SPAN + 10 or more, 5.99 ea.		6.99	
13LS6778	Entrusted Bookmarks (Pack of 10) 10 or more, 1.79 ea.		1.99	
13LS6779	Entrusted Bookmarks (Pack of 10), Spanish SPAN 10 or more, 1.79 ea.		1.99	
08LS2707	Entrusted Bulletins (Pack of 25) 10 or more, 3.49 ea.		3.99	
08LS2708	Entrusted Bulletins (Pack of 25), Spanish SPAN 10 or more, 3.49 ea.		3.99	

+Quantity pricing applied to any combination of English and Spanish of like items



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